

Job Description: Peer Mentor

Peer Mentor Job Purpose: Through one-on-one or group sessions, a peer mentor provides participants with a role model of an individual living with spinal cord injury that leads a successful, meaningful and happy life. He or she shares knowledge of tools and methods that promote independent living.

Peer Mentor Job Duties:

- Two shifts will include: AM Shift (8am-4pm), PM Shift (12pm-8pm)
 - AM Shift present to assist with morning routines, ADL group, Exercise group, Education Series, and assist with breakfast and lunch
 - PM Shift present to assist with W/C Mobility/Recreation group, lunch and dinner, all evening groups and activities, and nightly routines
- Attend all lunch and dinners
- Attend all group Rehab Counseling sessions
- Must carry out proposed project
- Give one 2 hour lecture to the group on a topic of choice (ie. return to school/work, adaptive equipment that works for them, driving, sexuality/relationships, importance of exercise)
- Must live on campus in dorms with participants

Skills/Qualifications: general knowledge of ALL types of spinal cord injuries and how they may differ from ones own level of injury, knowledge of risk factors and secondary conditions related to spinal cord injury, motivation and energy to help others in similar situations, at least 2 years post injury, completed Project Proposal for 2 hour lecture.