## **Job Description: Residential Aide**

## Residential Aide/Personal Care Attendant (PCA) Job Purpose:

A **Residential Aide's** purpose is to assist with all mobility and daily needs that any participant is not able to perform independently throughout the day.

## **Residential Aide Job Duties:**

Residential Aide:

- Shifts will be split into the following hours: AM shift (6am-3pm), PM Shift (3pm-11pm), Overnight shift (11pm-7am)
- AM Shift: Assist participants with eating breakfast and lunch, transport participants to/from groups, assist participants with bathroom transfers, participate and assist with mobility within all groups activities (ADL, Exercise, W/C Mobility/Recreation), assist Clinical Specialists with setting up/tearing down group activities, assist with transporting and storing equipment used during group activities
- PM Shift: Assist participants with eating dinner, assist participants with bathroom transfers,
  participate and assist with mobility within all group activities (Rehab Counseling, Evening
  outings/activities), assist participants with their nightly routines and getting participants to bed, assist
  Clinical Specialists with setting up/tearing down group activities, assist in transporting and storing
  equipment used during group activities
- Overnight shift: Assist participants with any nightly routines (ie. turning, catheterization, positioning), be on call in case of any emergencies, have direct contact with the directors and On Call PA/nursing staff member

**Skills/Qualifications:** General knowledge of spinal cord injuries( to include side effects and risks associated with the diagnosis, general physiological knowledge), high energy and motivated to help others, motivated to increase knowledge about spinal cord injuries, able to create and maintain a safe environment, willing to work as a team and be flexible with one's schedule.